



2025 VA Women's Xcel State Championships Bronze and Silver Session Times

Friday, May 9th					
Gym A			Gym B		
Session 1 Bronze Ages: 7-Jr3 and Younger	11:00 AM 1:00 PM	Open Stretch Awards	Session 1 Silver Ages: 9-Jr1 and Younger	11:30 AM 2:00 PM	Open Stretch Awards
Session 2 Bronze Ages: 7-Jr4 to 8-Jr2	1:30 PM 4:00 PM	Open Stretch Awards	Session 2 Silver Ages: 9-Jr2 to 9-Sr2	2:30 PM 5:00 PM	Open Stretch Awards
Session 3 Bronze Ages: 8-Jr3 to 8-Sr2	4:30 PM 7:00 PM	Open Stretch Awards	Session 3 Silver Ages: 9-Sr3 to 10-Jr4	5:30 PM 8:00 PM	Open Stretch Awards
Saturday, May 10th					
Gym A			Gym B		
Session 4 Bronze Ages: 8-Sr3 to 9-Jr2	9:30 AM 12:00 PM	Open Stretch Awards	Session 4 Silver Ages: 10-Jr5 to 10-Sr3	8:00 AM 10:45 AM	Open Stretch Awards
Session 5 Bronze Ages: 9-Jr3 to 9-Sr3	12:30 PM 3:00 PM	Open Stretch Awards	Session 5 Silver Ages: 10-Sr4 to 11-Jr3	11:15 AM 2:00 PM	Open Stretch Awards
Session 6 Bronze Ages: 9-Sr4 to 10-Jr4	3:30 PM 6:00 PM	Open Stretch Awards	Session 6 Silver Ages: 11-Jr4 to 11-Sr3	2:30 PM 5:15 PM	Open Stretch Awards
			Session 7 Silver Ages: 11-Sr4 to 12-Jr2	5:45 PM 8:00 PM	Open Stretch Awards
Sunday, May 11th					
Gym A			Gym B		
Session 7 Bronze Ages: 10-Sr1 to 11-Jr2	9:30 PM 12:00 PM	Open Stretch Awards	Session 8 Silver Ages: 12-Jr3 to 12-Sr4	8:45 AM 11:15 AM	Open Stretch Awards
Session 8 Bronze Ages: 11-Jr3 to 12-Jr1	12:30 PM 2:30 PM	Open Stretch Awards	Session 9 Silver Ages: 13-Jr1 to 13-Sr1	11:45 AM 1:45 PM	Open Stretch Awards
Session 9 Bronze Ages: 12-Jr2 and Older	3:00 PM 4:45 PM	Open Stretch Awards	Session 10 Silver Ages: 13-Sr2 and Older	2:15 PM 4:15 PM	Open Stretch Awards

Live scoring will be available at MeetScoresOnline.com and myUSAgym.com

*Schedule subject to change due to late entries and scratches.
Check for updates at vausag.com*